

Panera Printable Menu PDF 2025

Name	Calories	 Price
Steak & Wake	470 Cal	\$6.99
Garden Avo & Egg White Sandwich	340 Cal	\$6.59
Chipotle Chicken, Egg & Avo Sandwich	550 Cal	\$6.59
Ciabatta Egg & Cheese Sandwich	380 Cal	\$4.99
Croissant Egg & Cheese Sandwich	450 Cal	\$4.99
Four Cheese Soufflé	470 Cal	\$6.49
Classic Avo	230 Cal	\$3.49
Garden Avo	350 Cal	\$4.49
Greek Yogurt with Mixed Berries Parfait	250 Cal	\$5.69
Steel Cut Oatmeal with Strawberries & Pecans	370 Cal	\$5.89
Fruit Cup	60 Cal	\$3.99
Egg Sandwich Feast	.	\$15.99
Baked Goods Feast	.	\$16.99
Iced Cafe Blend Dark Roast Coffee	0 Cal per 20 fl oz	\$3.69
Hazelnut Coffee	0 Cal per 16 fl oz	\$2.89
Cafe Blend Dark Roast Coffee	0 Cal per 16 fl oz	\$2.89
Cafe Blend Light Roast Coffee	0 Cal per 16 fl oz	\$2.89
Decaf Coffee	0 Cal per 16 fl oz	\$2.89
Hot Tea	0 Cal per 16 fl oz	\$2.89
Signature Hot Chocolate	390 Cal per 16 fl oz	\$3.89
Hazelnut Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Light Roast Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Dark Roast Coffee Tote	35 Cal per Tote	\$21.19
Decaf Coffee Tote	15 Cal per Tote	\$21.19
Hot Tea Tote	0 Cal per Tote	\$21.19
Signature Hot Chocolate Tote	3590 Cal per Tote	\$23.49
Cinnamon Crunch Bagel	430 Cal	\$1.89
Asiago Bagel	320 Cal	\$1.89
Everything Bagel	290 Cal	\$1.89
Plain Bagel	280 Cal	\$1.89
Blueberry Bagel	290 Cal	\$1.89

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Cinnamon Swirl & Raisin Bagel	320 Cal	\$1.89
Sesame Bagel	300 Cal	\$1.89
Multigrain Bagel Flat	180 Cal	\$1.89
Half Dozen Bagels	.	\$8.79
Tuesday Baker's Dozen	.	\$9.49
Baker's Dozen Bagels	.	\$13.49
Bagel Pack	.	\$17.99
Dozen & a Half Bagels	.	\$16.99
Plain Cream Cheese	180 Cal per Container	\$1.60
Reduced Fat Honey Walnut Cream Cheese	140 Cal per Container	\$1.60
Plain Cream Cheese Spread Tub	110 Cal per 1 oz, Serves 8	\$3.69
Reduced Fat Honey Walnut Cream Cheese Tub	80 Cal per 1 oz, Serves 8	\$3.69
Cinnamon Roll	520 Cal	\$3.89
Almond Pastry	480 Cal	\$3.89
Cherry Pastry	340 Cal	\$3.89
Cranberry Orange Slice	360 Cal	\$3.89
Pecan Braid	450 Cal	\$3.89
Chocolate Croissant	410 Cal	\$3.89
Cinnamon Roll 4-Pack	520 Cal / ea	\$10.29
Baked Goods Feast	.	\$16.99
Macaroon 3-Pack	.	\$5.00
Heart Cookie 6-Pack	440 Cal / ea	\$11.79
One Dozen Chocolate Chipper Cookies	390 Cal / ea	\$21.69
One Dozen Mixed Cookies	.	\$21.69
Chocolate Chipper Cookie 4-Pack	390 Cal / ea	\$7.99
Candy Cookie 4-Pack	480 Cal / ea	\$7.99
Oatmeal Raisin with Berries Cookie 4-Pack	350 Cal / ea	\$7.99
Petite Cookies 12 Pack	100 Cal / ea	\$6.69
Orange Scone	550 Cal	\$3.79
Mini Orange Scone 9-Pack	180 Cal / ea	\$8.89
Blueberry Muffin	510 Cal	\$3.49
Chocolate Chip Muffie	340 Cal	\$2.69

Chai Tea Latte	230 Cal per 16 fl oz	\$4.99
Caramel Latte	330 Cal per 16 fl oz	\$4.99
Mocha Latte	340 Cal per 16 fl oz	\$4.99
Madagascar Vanilla Latte	250 Cal per 16 fl oz	\$4.99
Caffe Latte	130 Cal per 16 fl oz	\$4.59
Cappuccino	130 Cal per 16 fl oz	\$4.59
Americano	5 Cal per 16 fl oz	\$3.69
Espresso	5 Cal per 2 fl oz	\$2.29
Iced Caramel Latte	360 Cal per 20 fl oz	\$4.99
Iced Mocha Latte	370 Cal per 20 fl oz	\$4.99
Iced Chai Tea Latte	290 Cal per 20 fl oz	\$4.99
Iced Madagascar Vanilla Latte	280 Cal per 20 fl oz	\$4.99
Iced Caffe Latte	160 Cal per 20 fl oz	\$4.59

Menu Item	Calories
Steel-Cut Oatmeal with Cinnamon Crunch Topping	370 calories
Greek Yogurt with Mixed Berries	240 calories
Summer Fruit Cup	60 calories
Summer Fruit Bowl (Small, serves 5)	390 calories
Summer Fruit Bowl (Large, serves 10)	790 calories
Southwest Caesar Salad (Serves 10)	3310 calories
Strawberry Poppyseed Salad (Serves 10)	1800 calories
Green Goddess Cobb Salad (Serves 10)	2580 calories
Fuji Apple Salad (Serves 10)	2820 calories
Southwest Caesar Salad (Serves 10)	2740 calories
Strawberry Poppyseed Salad (Serves 10)	1240 calories
Seasonal Greens Salad (Serves 10)	1650 calories
Greek Salad (Serves 10)	2260 calories
Mexican Street Corn Chowder (Serves 4)	700 calories
Chicken Tikka Masala Soup (Serves 4)	820 calories
Thai Chicken Soup (Serves 4)	540 calories
Summer Fruit Cup	60 calories
Summer Fruit Bowl (Small, serves 5)	390 calories
Summer Fruit Bowl (Large, serves 10)	790 calories

Name	#	Calories	Price
Chicken Roma Asiago Bagel Stack		580 Cal	\$7.99
Spicy Steak Asiago Bagel Stack		590 Cal	\$7.99
Zesty Tuscan Asiago Bagel Stack		660 Cal	\$7.99
Ciabatta Cheesesteak		1040 Cal	\$13.39
Chipotle Chicken Avo Melt		920 Cal	\$12.19
Toasted Frontega Chicken®		790 Cal	\$12.19
Toasted Italiano		1280 Cal	\$13.39
Spicy Fiesta Chicken		850 Cal	\$12.19
Toasted Garden Caprese		890 Cal	\$10.19
Smokehouse BBQ Chicken		730 Cal	\$10.19
Grilled Cheese		810 Cal	\$8.39
Cranberry Walnut Chicken Salad Sandwich		670 Cal	\$9.79
Grilled Chicken & Avo BLT		900 Cal	\$13.39
Turkey & Cheddar Sandwich		810 Cal	\$10.19
Tuna Salad Sandwich		550 Cal	\$10.19
Tomato Basil BLT		760 Cal	\$9.79
Mediterranean Veggie		490 Cal	\$8.39
Grilled Cheese & Creamy Tomato Soup		660 Cal	\$7.99
Turkey & Cheddar Sandwich & Cream of Chicken & Wild Rice		590 Cal	\$7.99
Smokehouse BBQ Chicken & Creamy Tomato Soup		620 Cal	\$7.99
Mediterranean Veggie & Creamy Tomato Soup		500 Cal	\$7.99
Tuna Salad Sandwich & Creamy Tomato Soup		530 Cal	\$7.99
Family Feast with Cookies	.		\$41.00
Family Feast	.		\$36.00
Premium Family Feast with Cookies	.		\$46.00
Premium Family Feast	.		\$41.00

Name	calories	 price
Fuji Apple Chicken Salad	560 Cal	\$11.79
Asian Sesame Chicken Salad	450 Cal	\$11.79
Green Goddess Chicken Cobb Salad	510 Cal	\$12.99
Southwest Chicken Ranch Salad	670 Cal	\$12.69
Mediterranean Chicken Greens with Grains	670 Cal	\$12.69
Mediterranean Greens with Grains	540 Cal	\$9.79
Caesar Salad with Chicken	550 Cal	\$11.79
Caesar Salad	410 Cal	\$8.49
Greek Salad with Chicken	550 Cal	\$11.79
Greek Salad	420 Cal	\$8.49
Ranch Cobb Salad	460 Cal	\$9.79
Balsamic Chicken Greens with Grains	590 Cal	\$12.69
Balsamic Greens with Grains	460 Cal	\$9.79
Caesar Salad & Homestyle Chicken Noodle Soup	330 Cal	\$6.99
Greek Salad & Creamy Tomato Soup	460 Cal	\$6.99

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Name	Calories	 price
Cinnamon Crunch Bagel	430 Cal	\$1.89
Asiago Bagel	320 Cal	\$1.89
Everything Bagel	290 Cal	\$1.89
Plain Bagel	280 Cal	\$1.89
Blueberry Bagel	290 Cal	\$1.89
Cinnamon Swirl & Raisin Bagel	320 Cal	\$1.89
Sesame Bagel	300 Cal	\$1.89
Multigrain Bagel Flat	180 Cal	\$1.89
Half Dozen Bagels	•	\$8.79
Tuesday Baker's Dozen	•	\$9.49
Baker's Dozen Bagels		\$13.49
Bagel Pack	•	\$17.99
Dozen & a Half Bagels	•	\$16.99
Chocolate Chipper Cookie	390 Cal	\$2.89
Candy Cookie	480 Cal	\$2.89
Coconut Macaroon	190 Cal	\$1.99
Chocolate Coconut Macaroon	190 Cal	\$1.99
Brownie	470 Cal	\$3.79
Oatmeal Raisin with Berries Cookie	350 Cal	\$2.89
Heart Cookie	440 Cal	\$3.39
Macaroon 3-Pack	•	\$5.00
Kitchen Sink Cookie	820 Cal	\$4.79
One Dozen Chocolate Chipper Cookies	390 Cal / ea	\$21.69
One Dozen Mixed Cookies	•	\$21.69
Chocolate Chipper Cookie 4-Pack	390 Cal / ea	\$7.99
Petite Cookies 12 Pack	100 Cal / ea	\$6.69
Heart Cookie 6-Pack	440 Cal / ea	\$11.79
Candy Cookie 4-Pack	480 Cal / ea	\$7.99
Oatmeal Raisin with Berries Cookie 4-Pack	350 Cal / ea	\$7.99
Cinnamon Roll	520 Cal	\$3.89
Almond Pastry	480 Cal	\$3.89

Name	Calories	 price
Cherry Pastry	340 Cal	\$3.89
Cranberry Orange Slice	360 Cal	\$3.89
Pecan Braid	450 Cal	\$3.89
Chocolate Croissant	410 Cal	\$3.89
Baked Goods Feast	.	\$16.99
Cinnamon Roll 4-Pack	520 Cal / ea	\$10.29
Blueberry Muffin	510 Cal	\$3.49
Chocolate Chip Muffie	340 Cal	\$2.69
Orange Scone	550 Cal	\$3.79
Mini Orange Scone 9-Pack	180 Cal / ea	\$8.89
Four Cheese Soufflé	470 Cal	\$6.49
French Baguette Loaf	150 Cal per 2 oz, Serves 7	\$3.79
Country Rustic Sourdough	130 Cal per 2 oz, Serves 18	\$8.69
Sourdough Bread Bowl	670 Cal	\$2.79
Sourdough Bread Bowl 2-Pack	670 Cal / ea	\$4.39
Tomato Basil Bread	130 Cal per 2 oz, Serves 24	\$8.19
Black Pepper Focaccia	140 Cal per 2 oz, Serves 5	\$4.29
Artisan Ciabatta Loaf	150 Cal per 2 oz, Serves 5	\$4.29
Classic White Miche	160 Cal per 2 oz, Serves 17	\$10.29
Greek Yogurt with Mixed Berries Parfait	250 Cal	\$5.69
Steel Cut Oatmeal with Strawberries & Pecans	370 Cal	\$5.89
Fruit Cup	60 Cal	\$3.99
Plain Cream Cheese	180 Cal per Container	\$1.60
Reduced Fat Honey Walnut Cream Cheese	140 Cal per Container	\$1.60
Plain Cream Cheese Spread Tub	110 Cal per 1 oz, Serves 8	\$3.69
Reduced Fat Honey Walnut Cream Cheese Tub	80 Cal per 1 oz, Serves 8	\$3.69

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Name	Calories	Price
Chocolate Chipper Cookie	390 Cal	\$2.89
Candy Cookie	480 Cal	\$2.89
Coconut Macaroon	190 Cal	\$1.99
Chocolate Coconut Macaroon	190 Cal	\$1.99
Brownie	470 Cal	\$3.79
Oatmeal Raisin with Berries Cookie	350 Cal	\$2.89
Heart Cookie	440 Cal	\$3.39
Macaroon 3-Pack	.	\$5.00
Kitchen Sink Cookie	820 Cal	\$4.79
One Dozen Chocolate Chipper Cookies	390 Cal / ea	\$21.69
One Dozen Mixed Cookies	.	\$21.69
Chocolate Chipper Cookie 4-Pack	390 Cal / ea	\$7.99
Petite Cookies 12 Pack	100 Cal / ea	\$6.69
Heart Cookie 6-Pack	440 Cal / ea	\$11.79
Candy Cookie 4-Pack	480 Cal / ea	\$7.99
Oatmeal Raisin with Berries Cookie 4-Pack	350 Cal / ea	\$7.99
Cinnamon Roll	520 Cal	\$3.89
Almond Pastry	480 Cal	\$3.89
Cherry Pastry	340 Cal	\$3.89
Cranberry Orange Slice	360 Cal	\$3.89
Chocolate Croissant	410 Cal	\$3.89
Cinnamon Roll 4-Pack	520 Cal / ea	\$10.29
Blueberry Muffin	510 Cal	\$3.49
Chocolate Chip Muffie	340 Cal	\$2.69
Orange Scone	550 Cal	\$3.79
Mini Orange Scone 9-Pack	180 Cal / ea	\$8.89

Name	Calories	Price
Cinnamon Crunch Bagel	430 Cal	\$1.89
Asiago Bagel	320 Cal	\$1.89
Everything Bagel	290 Cal	\$1.89
Plain Bagel	280 Cal	\$1.89
Blueberry Bagel	290 Cal	\$1.89
Cinnamon Swirl & Raisin Bagel	320 Cal	\$1.89
Sesame Bagel	300 Cal	\$1.89
Multigrain Bagel Flat	180 Cal	\$1.89
Half Dozen Bagels	•	\$8.79
Tuesday Baker's Dozen	•	\$9.49
Baker's Dozen Bagels		\$13.49
Bagel Pack	•	\$17.99
Dozen & a Half Bagels	•	\$16.99

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Name	Calories	 price
Diet Pepsi	0 Cal per 20 fl oz	\$3.19
Pepsi	250 Cal per 20 fl oz	\$3.19
Dr. Pepper	240 Cal per 20 fl oz	\$3.19
Mountain Dew	280 Cal per 20 fl oz	\$3.19
Starry	240 Cal per 20 fl oz	\$3.19
Bubly Lime	0 Cal per 20 fl oz	\$3.19
Canada Dry Ginger Ale	230 Cal per 20 fl oz	\$3.19
Bottled Water	0	\$2.39
Bottled Passion Fruit Papaya Green Tea	130 Cal	\$3.69
Iced Cafe Blend Dark Roast Coffee	0 Cal per 20 fl oz	\$3.69
Hazelnut Coffee	0 Cal per 16 fl oz	\$2.89
Cafe Blend Dark Roast Coffee	0 Cal per 16 fl oz	\$2.89
Cafe Blend Light Roast Coffee	0 Cal per 16 fl oz	\$2.89
Decaf Coffee	0 Cal per 16 fl oz	\$2.89
Hot Tea	0 Cal per 16 fl oz	\$2.89
Signature Hot Chocolate	390 Cal per 16 fl oz	\$3.89
Hazelnut Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Light Roast Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Dark Roast Coffee Tote	35 Cal per Tote	\$21.19
Decaf Coffee Tote	15 Cal per Tote	\$21.19
Hot Tea Tote	0 Cal per Tote	\$21.19
Signature Hot Chocolate Tote	3590 Cal per Tote	\$23.49
Blueberry Lavender Lemonade - Naturally Flavored	250 Cal per 20 fl oz	\$4.19
Citrus Punch - Naturally Flavored	290 Cal per 20 fl oz	\$4.19
Pomegranate Hibiscus Tea - Naturally Flavored Herbal Tea	15 Cal per 20 fl oz	\$4.19
Passion Papaya Iced Green Tea - Naturally Flavored	150 Cal per 20 fl oz	\$3.19
Iced Tea	0 Cal per 20 fl oz	\$3.19
Agave Lemonade	210 Cal per 20 fl oz	\$3.19
Brisk Raspberry Tea	120 Cal per 20 fl oz	\$3.19
Tropical Green Smoothie	190 Cal	\$6.29
Strawberry Banana Smoothie	250 Cal	\$6.29

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Name	Calories	 price
Mango Smoothie	300 Cal	\$6.29
Strawberry Smoothie	260 Cal	\$6.29
Chai Tea Latte	230 Cal per 16 fl oz	\$4.99
Caramel Latte	330 Cal per 16 fl oz	\$4.99
Mocha Latte	340 Cal per 16 fl oz	\$4.99
Madagascar Vanilla Latte	250 Cal per 16 fl oz	\$4.99
Caffe Latte	130 Cal per 16 fl oz	\$4.59
Cappuccino	130 Cal per 16 fl oz	\$4.59
Americano	5 Cal per 16 fl oz	\$3.69
Espresso	5 Cal per 2 fl oz	\$2.29
Iced Caramel Latte	360 Cal per 20 fl oz	\$4.99
Iced Mocha Latte	370 Cal per 20 fl oz	\$4.99
Iced Chai Tea Latte	290 Cal per 20 fl oz	\$4.99
Iced Madagascar Vanilla Latte	280 Cal per 20 fl oz	\$4.99
Iced Caffe Latte	160 Cal per 20 fl oz	\$4.59
Blueberry Lavender Lemonade - Naturally Flavored	810 Cal per container	\$9.49
Citrus Punch - Naturally Flavored	920 Cal per container	\$9.49
Pomegranate Hibiscus Tea - Naturally Flavored Herbal Tea	45 Cal per container	\$9.49
Passion Papaya Iced Green Tea - Naturally Flavored	470 Cal per container	\$7.19
Agave Lemonade - Half Gallon	670 Cal per container	\$7.19
Iced Unsweetened Tea - Half Gallon	20 Cal per container	\$7.19
Hazelnut Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Dark Roast Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Light Roast Coffee Tote	35 Cal per Tote	\$21.19
Decaf Coffee Tote	15 Cal per Tote	\$21.19
Hot Tea Tote	0 Cal per Tote	\$21.19
Signature Hot Chocolate Tote	3590 Cal per Tote	\$23.49
Horizon Reduced Fat Organic White Milk	110 Cal	\$2.39
Horizon Reduced Fat Organic Chocolate Milk	150 Cal	\$2.39
Orange Juice	160 Cal	\$3.29
Organic Apple Juice	100 Cal	\$2.39

Name	Calories	 price
Signature Hot Chocolate	390 Cal per 16 fl oz	\$3.89

Name	Calories	Price
Chai Tea Latte	230 Cal per 16 fl oz	\$4.99
Caramel Latte	330 Cal per 16 fl oz	\$4.99
Mocha Latte	340 Cal per 16 fl oz	\$4.99
Madagascar Vanilla Latte	250 Cal per 16 fl oz	\$4.99
Caffe Latte	130 Cal per 16 fl oz	\$4.59
Iced Caramel Latte	360 Cal per 20 fl oz	\$4.99
Iced Mocha Latte	370 Cal per 20 fl oz	\$4.99
Iced Chai Tea Latte	290 Cal per 20 fl oz	\$4.99
Iced Madagascar Vanilla Latte	280 Cal per 20 fl oz	\$4.99
Iced Caffe Latte	160 Cal per 20 fl oz	\$4.59

Name	Calories	Price
Bottled Passion Fruit Papaya Green Tea	130 Cal	\$3.69
Iced Cafe Blend Dark Roast Coffee	0 Cal per 20 fl oz	\$3.69
Hazelnut Coffee	0 Cal per 16 fl oz	\$2.89
Cafe Blend Dark Roast Coffee	0 Cal per 16 fl oz	\$2.89
Cafe Blend Light Roast Coffee	0 Cal per 16 fl oz	\$2.89
Decaf Coffee	0 Cal per 16 fl oz	\$2.89
Hot Tea	0 Cal per 16 fl oz	\$2.89
Signature Hot Chocolate	390 Cal per 16 fl oz	\$3.89
Hazelnut Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Light Roast Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Dark Roast Coffee Tote	35 Cal per Tote	\$21.19
Decaf Coffee Tote	15 Cal per Tote	\$21.19
Hot Tea Tote	0 Cal per Tote	\$21.19
Signature Hot Chocolate Tote	3590 Cal per Tote	\$23.49
Pomegranate Hibiscus Tea - Naturally Flavored Herbal Tea	15 Cal per 20 fl oz	\$4.19
Passion Papaya Iced Green Tea - Naturally Flavored	150 Cal per 20 fl oz	\$3.19
Iced Tea	0 Cal per 20 fl oz	\$3.19
Brisk Raspberry Tea	120 Cal per 20 fl oz	\$3.19
Cappuccino	130 Cal per 16 fl oz	\$4.59
Americano	5 Cal per 16 fl oz	\$3.69
Espresso	5 Cal per 2 fl oz	\$2.29
Pomegranate Hibiscus Tea - Naturally Flavored Herbal Tea	45 Cal per container	\$9.49
Passion Papaya Iced Green Tea - Naturally Flavored	470 Cal per container	\$7.19
Iced Unsweetened Tea - Half Gallon	20 Cal per container	\$7.19
Hazelnut Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Dark Roast Coffee Tote	35 Cal per Tote	\$21.19
Cafe Blend Light Roast Coffee Tote	35 Cal per Tote	\$21.19
Decaf Coffee Tote	15 Cal per Tote	\$21.19
Hot Tea Tote	0 Cal per Tote	\$21.19
Signature Hot Chocolate Tote	3590 Cal per Tote	\$23.49
Signature Hot Chocolate	390 Cal per 16 fl oz	\$3.89

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Name	calories	 price
Family Feast with Cookies	.	\$41.00
Family Feast	.	\$36.00
Premium Family Feast with Cookies	.	\$46.00
Premium Family Feast	.	\$41.00
Egg Sandwich Feast	.	\$15.99
Baked Goods Feast	.	\$16.99
Autumn Squash Soup - Group	760	\$21.49
Mac & Cheese - Group	1930	\$24.99
Broccoli Cheddar Soup - Group	840	\$21.49
Hearty Fireside Chili - Group	950	\$21.49
Rustic Baked Potato Soup - Group	790	\$21.49
Homestyle Chicken Noodle Soup - Group	430	\$21.49
Cream of Chicken & Wild Rice Soup - Group	650	\$21.49
Creamy Tomato Soup - Group	900	\$21.49
Bistro French Onion Soup - Group	720	\$21.49
Bagel Pack	.	\$17.99
Baker's Dozen Bagels	.	\$13.49
Half Dozen Bagels	.	\$8.79
Dozen & a Half Bagels	.	\$16.99
One Dozen Chocolate Chipper Cookies	390 Cal / each	\$21.69
One Dozen Mixed Cookies	.	\$21.69
Chocolate Chipper Cookie 4-Pack	390 Cal / each	\$7.99
Petite Cookies 12 Pack	100 Cal / each	\$6.69
Cinnamon Roll 4-Pack	520 Cal / each	\$10.29
Mini Orange Scone 9-Pack	180 Cal / each	\$8.89
Heart Cookie 6-Pack	440 Cal / each	\$11.79
Candy Cookie 4-Pack	480 Cal / each	\$7.99
Oatmeal Raisin with Berries Cookie 4-Pack	350 Cal / each	\$7.99
Blueberry Lavender Lemonade - Naturally Flavored	810 Cal per container	\$9.49
Citrus Punch - Naturally Flavored	810 Cal per container	\$9.49
Pomegranate Hibiscus Tea - Naturally Flavored Herbal Tea	920 Cal per container	\$9.49

Name	calories		price
Passion Papaya Iced Green Tea - Naturally Flavored	470 Cal per container		\$7.19
Agave Lemonade - Half Gallon	670 Cal per container		\$7.19
Iced Unsweetened Tea - Half Gallon	20 Cal per container		\$7.19

Name	# calories	 price
Kids Turkey & Cheese Sandwich	670 Cal	\$6.79
Kids Grilled Cheese	810 Cal	\$5.69
Kids Mac & Cheese	480 Cal	\$6.79
Kids Broccoli Cheddar Soup	240 Cal	\$6.39

Name	calories	 price
Autumn Squash Soup	330 Cal per bowl	\$7.99
Hearty Fireside Chili	410 Cal per bowl	\$7.99
Rustic Baked Potato Soup	340 Cal per bowl	\$7.99
Mac & Cheese	960 Cal per bowl	\$10.49
Broccoli Cheddar Soup	360 Cal per bowl	\$7.99
Homestyle Chicken Noodle Soup	180 Cal per bowl	\$7.99
Cream of Chicken & Wild Rice Soup	280 Cal per bowl	\$7.99
Creamy Tomato Soup	370 Cal per bowl	\$7.99
Bistro French Onion Soup	280 Cal per bowl	\$7.99
Autumn Squash Soup Bread Bowl	880 Cal	\$8.68
Mac & Cheese Bread Bowl	1150 Cal	\$9.08
Hearty Fireside Chili Bread Bowl	940 Cal	\$8.68
Rustic Baked Potato Soup Bread Bowl	890 Cal	\$8.68
Broccoli Cheddar Soup Bread Bowl	910 Cal	\$8.68
Homestyle Chicken Noodle Soup Bread Bowl	790 Cal	\$8.68
Cream of Chicken & Wild Rice Soup Bread Bowl	860 Cal	\$8.68
Creamy Tomato Soup Bread Bowl	920 Cal	\$8.68
Bistro French Onion Soup Bread Bowl	860 Cal	\$8.68
Autumn Squash Soup - Group	760 Cal	\$21.49
Mac & Cheese - Group	1930 Cal	\$24.99
Hearty Fireside Chili - Group	950 Cal	\$21.49
Rustic Baked Potato Soup - Group	790 Cal	\$21.49
Broccoli Cheddar Soup - Group	840 Cal	\$21.49
Homestyle Chicken Noodle Soup - Group	430 Cal	\$21.49
Cream of Chicken & Wild Rice Soup - Group	650 Cal	\$21.49
Creamy Tomato Soup - Group	900 Cal	\$21.49
Bistro French Onion Soup - Group	720 Cal	\$21.49